



Royals Hockey Academy Parent Information

LSRCSS is pleased to be offering a Hockey Academy for the 2024-25 school year.

What is the Royals Hockey Academy?

- A before-school hockey program where students can learn about all aspects of the game while also earning a high school credit

Who can enroll?

- Grades 9-12 students (male and female) in the Lord Selkirk School Division

Who leads the program?

- Teachers Mr. Bauer, Mr. Buffie, and Mr. Dehn
- All have extensive experience coaching hockey and operating a hockey academy

When does the program take place?

- First Semester
 - September 2024 – February 2025
 - Odd Days of the school cycle – 20 players (Group A)
 - Even Days of the school cycle – 20 players (Group B)
 - 7:30 am - 8:30 am ice time at Selkirk Recreation Complex
 - Parent responsible for drop-off
 - 8:45 am – Bus shuttles students to schools
 - Equipment stored at school
 - Parent responsible for equipment pick-up at school later in the day

What does the program look like?

- 36 hours of on-ice sessions (approximately two sessions per week)
- Hockey theory/dryland training/strength conditioning/nutrition
- Logging of hours playing community hockey
- Students will earn 1 credit upon program completion

What is the cost?

- \$360 per player (goalies will be cheaper)

Will the Academy interfere with community teams?

- No, the Academy operates Monday-Friday from 7:30-8:30 am.

What is the Hockey Academy registration timeline?

- March 11-parent email and registration link (please follow the link to register)
- https://forms.office.com/Pages/ResponsePage.aspx?id=HfRNJJ_FqEy3Fe4nUpJvFB7TTvEThtMtOikFHmDyXyA1UNERTNfk3SjZOMTdMMUwwNEpGTTIBRUINUi4u
- March 22-registration deadline (last year the program filled up quickly)
- June 14-minimum deposit of \$100 required

If you have any questions, please feel free to contact me.

Sincerely,
Darcy Nazimek (dnazimek@lssd.ca)
Principal – LSRCSS